

Spring Issue 2005

*Cumberland County
Medication Access Program Newsletter*

Cumberland Community Foundation Donates \$50,000.00 to CCMAP

The Cumberland Community Foundation awarded the Cumberland County Medication Access Program a 250,000.00, 5 year grant in 2003. The grant is used to provide medications to Cumberland County residents who cannot afford to purchase their medications.

On November 10th, 2004 two representatives from the Cumberland Community Foundation presented Catherine Roach, CCMAP Pharmacy Manager with a check for 50,000. This represents the 2nd payment of the 250,000.00 grant. Representing the foundation were Anita H. Alexander, grants manager and Leslie A. Griffin, foundation board president. This grant plays a critical role in the funding of the program.



Pictured left to right are Anita H. Alexander, Foundation Grants Manager, Leslie A. Griffin, Foundation Board President, and Catherine Roach, Pharm.D., CCMAP Program Manager.

- Program Collaborators**
- Cumberland County Health Department
 - Cape Fear Valley Health System
 - The CARE Clinic
 - Better Health of Cumberland County
 - Cumberland County Mental Health
 - Cumberland County Department of Social Services
 - Local Physicians

Page 2: Volunteers: Our greatest asset.

Page 3: Find out how you can help support the Cumberland County Medication Access Program.

Terry Sanford E-Commerce Students to develop CCMAP Website

On November 29th, 2004, Catherine Roach, CCMAP Pharmacy Manager and Tom Nicholson, Cape Fear Valley Pharmacy Director met with the E-Commerce class at Terry Sanford High School. This class is taught by Mr. Curtis Baker. Together, they discussed the development of a CCMAP website. After discussing the mission of the program, the students were excited to accept the task as a community service project.

The E-Commerce class has already developed other websites this year and showed their work to Mrs. Roach and Mr. Nicholson. "I was impressed with their work on other websites and I am looking forward to working with the class on this project. I know they will produce great results. It is nice to see teenagers willing to help out their community, and they do so with such enthusiasm," said Catherine Roach.

The main goal of the website is to let the public know that there is assistance with the high cost of prescriptions. The website will inform the public of all the services offered through the CCMAP program. Prospective patients will be able to read qualification criteria and will be able to print an application online. The site also has information for anyone interested in volunteering. Check it out at www.ccmmap.org.

CCMAP Statistics

- We serve over 150 patients each day.
- Add 20 new patients each week.
- Process 800 applications requesting medications for patients each week.
- Fill an average of 650 Prescriptions each week.

Did you know?

- Over 8 million dollars worth of free medications have been dispensed at CCMAP at no cost to the patients
- 2500 patients are currently enrolled in the program
- CCMAP is located in the Cumberland County Health Department

Volunteers: Our Greatest Asset

On December 21st, 2004 the staff of CCMAP held a Volunteer Appreciation Open House to honor our volunteers.

Last year, CCMAP had 12 faithful volunteers as well as 12 Jr. Volunteers that were part of the Jr. Volunteer Program of Cape Fear Valley Health System. Without all their hard work, this program would not be the success that it is.

Amanda Smith, Lead Pharmacy Technician says, " Not only are they great workers, but they are great friends as well. They are always so cheerful and we love to see their smiling faces come thru our door. They brighten our days."

An award was also presented at the open house to Furman D. Warren and Jean Warren. They were named "Volunteers of the Year" for 2004. Together, the Warren's have given over 220 hours of their talents to CCMAP.

The total number of volunteer hours for CCMAP for the 2004 years was 1041.

We appreciate all their hard work and their dedication to the mission of this program.



Pictured are the CCMAP Volunteers that attended the Volunteer Appreciation Open House. Back Row, Left to Right: Lib Johnson, Jean Warren, Furman D. Warren, and Nettie McQueen. Front Row, Left to Right: Norma Lewis, Ruby Flanary, Barbara Potter, and Sylvia Hall

**"Our volunteers
are so loyal and
dedicated. I
don't know what
we would do
without them."**

*~Teresa Lewis
CCMAP Pharmacy
Technician*

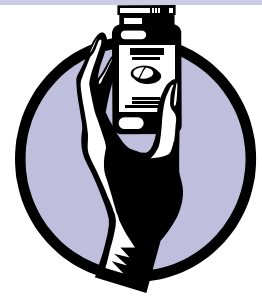
Light Of Life Celebration donates \$5,000.00 to CCMAP

On November 21st, 2004, the Cape Fear Valley Foundation hosted its annual Light of Life Tree Lighting Celebration. Each light on the tree was purchased and placed in memory or in honor of someone.

Proceeds of the event were donated to the Cumberland County Medication Access Program and to the Highsmith-Rainey Memorial Hospital Family Room Renovation Project.

The Cape Fear Foundation presented Catherine Roach, CCMAP Pharmacy Manager with a donation of \$5,000.00. Mrs. Roach also spoke at the event about the program and how much this donation would benefit its work. She was also chosen to light the tree along with Walt Rose, Vice President, Highsmith-Rainey Memorial Hospital.

CCMAP Precepts UNC-Chapel Hill Pharm.D. Candidates



The Cumberland County Medication Access Program precepts "Doctor of Pharmacy" students from UNC Chapel Hill School of Pharmacy in 1-month clerkships as part of students' "experiential" training. CCMAP is able to provide a unique educational opportunity to pharmacy students who might otherwise never gain exposure to more nontraditional opportunities for pharmacists in the community, such as patient medication assistance programs.

Pharmacy students enjoy the elective pharmacy clerkship provided by CCMAP. To date, CCMAP has precepted a total of 7 students with 4 more scheduled in the Spring. At CCMAP students receive medication dispensing and medication counseling training, but they also participate in patient interviews and medication "brown bag" reviews. The students learn about Medicare prescription discount cards, the North Carolina Senior Care Program, and different manufacturers' assistance programs. Fourth-year Pharm.D. student, Miguel Ramirez Del Toro, says, "Before coming to CCMAP I didn't know such programs existed to help patients obtain medications that they otherwise couldn't afford. Not only does CCMAP obtain the medications, but the pharmacists are also available to explain the medications. "

CCMAP is unlike the hospital or retail pharmacy setting and therefore shows the pharmacy students other job opportunities that exist in their career field. It also allows them a wonderful opportunity to learn how to help patients in need of medication assistance, a need that can be found in all facets of pharmacy.

Catherine Roach, CCMAP Pharmacy Manager says, " I have been impressed with all the pharmacy students that have completed rotations at CCMAP. We are glad we can be a part of their training."

"Before coming to CCMAP, I didn't know such programs existed to help patients obtain medications that they otherwise couldn't afford."

Miguel Ramirez
Del Toro
Pharm.D. Candidate

YOU CAN MAKE A DIFFERENCE by CONTRIBUTING to CCMAP

The Cumberland County Medication Access Program began in July, 2002. This program has become a vital part of the community and has helped thousands of citizens receive medications they would have otherwise went with out taking. Since opening, CCMAP has dispensed medication valued in excess of 8 million dollars. There is no charge to the patient for these medications.

In order for this program to continue to be a success we need support from the community. If you want to make a tax deductible donation to CCMAP or if you are interested in becoming a volunteer, please return the form below to : CCMAP, Attn: Catherine Roach, 227 Fountainhead Lane, Fayetteville NC 28301



I am interested in contributing to the Cumberland County Medication Access Program.

Name: _____ Telephone # _____

Address: _____

I want to make a donation to CCMAP. I am interested in volunteering at CCMAP.

25.00
 50.00
 75.00
 Other

I prefer that my donation to CCMAP not be publicized.

Please mail form to:
CCMAP, Attn: Catherine
227 Fountainhead Lane
Fayetteville, NC 28301

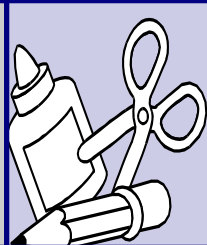
Cumberland County Medication Access Program

Cumberland County Health Department
227 Fountainhead Lane
Fayetteville, NC 28301

Phone: 910-433-3602
Fax: 910-321-7112
Website: www.CCMAP.org

Help out by contributing any of the following supplies:

Pens/pencils	<u>Printer Cartridges</u>
Copy paper	HP Q2631A
Scissors	HP Q2610A
Mailing Envelopes	HP 45 Inkjet
Scotch tape refills	Panafax PC-60BK
Post-it notes	Lexmark T620, T622
Manila Folders	



WE'RE ON THE WEB.
CHECK US OUT AT
WWW.CCMAP.ORG

CCMAP: MORE THAN JUST FILLING PRESCRIPTIONS

Contributed By: Miguel Ramirez Del Toro , UNC-Chapel Hill Pharm.D. Candidate

The Cumberland County Medication Access Program (CCMAP) was established in 2002 as a collaborative effort between various health care groups and local physicians. Its primary goal is to help provide medications for individuals that lack adequate resources to purchase them. CCMAP distributes samples and enrolls patients in manufacturers' patient assistance programs. Drug companies have different financial criteria that determines if a patient will qualify to receive assistance. Finding programs that a patient will qualify for can sometimes be a challenging task. This is where pharmacists, Sylvia Saint-Amand and Traci Suber, lend their expertise. Originally funded to manage medication regimens within the Senior Care program, Traci and Sylvia have expanded their roles to include patients of all ages. By reviewing medication regimens, they assist patients and physicians. They let physicians know about possible medication interactions and therapeutic duplications; these are situations that can harm the patient. They assist patients by managing the medications they are taking. They further educate the patient on what their medication is used for and how it is to be taken. They also provide lifestyle advice to patients hoping to regain or improve their health status. This is a win-win situation for everyone: the physician has an expert double checking the medication regimens and the patient has a pharmacist available to educate them about their medicine. Due to the improved health of these individuals, limited healthcare resources will be spared. Kudos to the CCMAP Staff for their outstanding work!



Traci Suber, Pharm.D. reviews a medication regimen with a patient. This is also known as a brown bag review.